

Daily Eyebrow Aftercare Instructions

Day 1:

Your brows will be dark and bold.

After procedure, every hour for the first four hours use a damp tissue or cotton pad to thoroughly clean the treated area.

Goal is to get rid of excess tissue fluid to help speed up healing time!

Before bed, gently wash brows with clean warm water and gentle cleanser, pat dry with clean tissue, then apply a rice sized dab of cream.

Days 2-7:

Gently wash brows with warm water and gentle cleanser morning & night. Then apply a rice sized dab of aftercare cream. DO NOT put anything (make-up, lotions, etc.) other than aftercare cream on the brows for 7 days or until fully healed. You can wear makeup as usual, just avoid the brow area.

Enjoy your shower, but try and keep it to a minimum.

Days 1-10:

- Do not use a wash cloth or anything abrasive.
- Do not pick or scratch your tattoo.
- Avoid hot tubs, steam rooms, pools, lakes/rivers & hot yoga during the healing process.
- Avoid direct sunlight & tanning beds.
- Avoid brow makeup, brow or lash tints or other facial treatments.
- Avoid sweaty exercise for 1 week.

Once the brows are healed they may look really faded and patchy. Do not panic! It can take up to 3 weeks for the colour to come back to full strength once they have healed. Any patchy areas can be filled in and your brows perfected at the touch up appointment.

Touch up appointments are booked for 6-9 weeks after the initial session.

Lip Blush Aftercare Instructions

Day 1 (Day of the Procedure):

The lip colour will more of a lipstick look and may look more red and darker/brighter than you were expecting.

It is very important to remove the tissue fluid from the surface of the skin in order to avoid heavy scabbing. Before bed, if the lips still have some dry tissue fluid, rinse with lukewarm water and gently remove the build up, pat dry and apply "After Inked" Sometimes the lips can bruise even after the procedure. Bruising will typically subside within 24 hours.

Days 2-7:

The lips may be swollen the second day as well. Keep the skin moist at all times with the After Inked ointment, do not let them dry out. Apply a thin layer as and when you feel they need it.

For the first week please avoid:

- Makeup (around the lip area)
- Excessive sweating
- Spicy/Salty Foods
- Kissing
- Saunas/hottubs
- Pools
- Sunbathing/tanning beds
- Excessive Water on treated area

Days 1-10:

Do NOT pick the dry lips.

Do not apply anything besides After Inked ointment.

Following the procedure, do not use creams that contain acids or ingredients that will lighten or exfoliate the skin.

The colour will be soft and may be patchy after the first session has healed. Please allow 2-3 weeks for the colour to come back to full strength.

Touch ups can be done between 6-9 weeks.

Eyeliner Aftercare Instructions

Day 1:

Your eyeliner will look thick and super black. After procedure, every hour for the first four hours use a damp tissue or cotton pad to gently blot the treated area. Your eyes may be swollen, feel bruised and tight.

Goal is to get rid of excess tissue fluid to help speed up healing time!

Before bed, gently wash the treated area with clean warm water, pat dry with clean tissue.

Days 2-7:

Swelling is normal for the first few days and is worse in the morning, this should subside slightly once you are up and out of bed!

Gently wash the area morning and night with clean warm water. Apply a rice sized dab of aftercare cream. DO NOT put anything (make-up, mascara, etc.) other than aftercare cream on your eyes for 7 days or until fully healed. You can wear makeup as usual, just avoid eye makeup.

Enjoy your shower, but try and keep it to a minimum.

Days 1-10:

- Do not use a wash cloth or anything abrasive.
- Do not pick or scratch your tattoo.
- Avoid hot tubs, steam rooms, pools, lakes/rivers & hot yoga during the healing process.
- Avoid direct sunlight & tanning beds.
- Avoid eye makeup, brow or lash tints or other facial treatments.
- Avoid sweaty exercise for 1 week.

Once the eyes are healed they may look really faded and patchy. The eyeliner will also be thinner. Do not panic! It can take up to 3 weeks for the colour to come back to full strength once they have healed. Any patchy areas can be filled in and your eyeliner perfected at the touch up appointment.

Touch up appointments are booked for 6-9 weeks after the initial session.

Healing tips & extras (for all permanent makeup)

Just a friendly reminder:

Healing is a process that takes time. Some skin will heal faster than others, some skin will

retain pigment longer; everyone is different. Skin, lifestyle, tanning, weather & following aftercare...all these determine your permanent makeup outcome. Brows, eyes and lips will get darker and look uneven during the first stage of the healing process. They will shed and lighten 10-30% throughout the following weeks. At the touch-up session we can make slight changes/alterations if needed. Trust the process!

Following the aftercare instructions is a vital part of achieving optimal results!

Neglecting or trying to rush the healing process will result in less than satisfactory results.

Wear a daily sunscreen to prevent the sun from prematurely fading the pigment in the skin.

If a product lightens, brightens or tightens avoid using it on or around your brows indefinitely.

After applying your makeup/foundation take a damp Q-tip and clean off your brows; this allows the pigment to show through without looking muddled by makeup.

I recommend yearly touch-ups to maintain the full color and shape

INFECTION

If the treated area feels hot, overly sore, looks red and irritated has any oozing or puss please contact your Dr **STRAIGHT AWAY**. You may have an infection. Once you have contacted your Dr please let me know.